## **POSTER PRESENTATION**

**Open Access** 

# Health-care associated infections. Patient characteristics and influence on the clinical outcome of patients admitted to icu. envin-helics registry data

X Nuvials<sup>1\*</sup>, M Palomar<sup>2</sup>, F Alvarez-Lerma<sup>3</sup>, P Olaechea<sup>4</sup>, S Otero<sup>5</sup>, S Uriona<sup>5</sup>, M Catalán<sup>6</sup>, R Gimeno<sup>7</sup>, MP Gracia<sup>3</sup>, I Seijas<sup>8</sup>, ENVIN-HELICS

From ESICM LIVES 2015 Berlin, Germany. 3-7 October 2015

## Introduction

Health care associated infections (HCAI) are frequent in patients admitted to ICU and have a great impact on the clinical outcome.

## **Objectives**

To analyze the characteristics of patients developing HCAI during ICU admission and their influence on the clinical outcome.

## Methods

Prospective, observational, multicenter and voluntary enrollment study (Spanish registry ENVIN-HELICS) [1]. All patients admitted to ICU for > 24 hours between 1st April and 30th June during the period from 2006 to 2013 were included. All episodes of HCAI were recorded during the follow-up. HCAI were categorized as Ventilator Associated Neumonia (VAP), Primary bacteriemia and Catheter related bacteriemia (PB-RCB) and catheter-associated Urinary Tract Infection (CAUTI)

### Table 1

	No infection $(n = 89.838)$	non HCAI (n= 27.850)	HCAI (n= 11.349)	р
Age: average ± SD	62.5 ± 16.4	62.6 ± 16.3	60.9 ± 16.3	P < 0.05
Sex: n(%)male Female	58,979 (65.6) 30,850 (34.4)	18,115 (65.0) 9,735 (35.0)	7,292 8 (65.2) 3,956 (34.8)	NS
APACHE II: average ± SD	12.53 ± 7.5	18.6 ± 8.2	19.6 ± 8.0	P < 0.05
Type of admission: n(%) Coronary Medical Elective surgery Emergency surgery Trauma	27,363 (92.5) 29,506 (55.4) 20,268 (87.6) 5,467 (43.5) 6,146 (67.6)	1,417 (4.8) 17,204 (32.3) 1,859 (8.0) 5,705 (45.5) 1,395 (15.4)	793 (2.7) 6,514 (12,2) 1,004 (4.3) 1,387 (11.0) 1,546 (17.0)	P < 0.05
Antimicrobial treatment at admission (n = 28.343): n (%)	10,878 (38.4)	13,228 (46.7)	4,237 (14.9)	P < 0.05
Extrarenal depuration technic (n = 6.400): n(%)	2,163 (33.8)	2,509 (39.2)	1,728 (27.0)	P < 0.05
Parenteral Nutrition (n = $14.565$ ): n(%)	5,064 (34.8)	6,069 (41.7)	3,432 (23.6)	P < 0.05
Mortality: n (%)	5,764 (6,4)	4,966 (17.8)	2,976 (26.2)	P < 0.05
Length of stay: days $\pm$ SD	4.9 ± 4.8	10.1 ± 9.4	22.8 ± 16.2	P < 0.05

<sup>1</sup>Hospital Universitari Arnau de Vilanova, IRB Lleida, Lleida, Spain

Full list of author information is available at the end of the article



© 2015 Nuvials et al.; This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http:// creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

according the HELICS definitions [2]. Patients were categorized as: no infection (NI) when they had not infection during admission, no-HCAI when they had infection not related with health-care during admission, and HCAI when they had at least 1 episode of HCAI. Demographic data, risk factors, length of stay and mortality were recorded. Univariate analysis was done using Chi-square test. p value < 0,05 was considered statistical significant.

### Results

Among 129,037 patients admitted to ICU, 58,706 infections were recorded, of whom 15,490 (26.4%) were HCAI: 6,068 (10.3%) VAP, 4,943 (8.4%) CAUTI and 4,479 (7.6%) PB-CRB. 12,612 (82.1%) of HCAI were ICU acquired, 1,966 (12,7%) were hospital acquired and 686 (4,4%) were acquired in the community. Table 1 shows demographic data, risk factors and the clinical outcome of patients accordingly the infectious status.

## Conclusions

Patients admitted to ICU with HCAI have a worse clinical outcome( higher mortality and length of stay), and are more severely ill on admission than patients with non related HCAI.

### Authors' details

<sup>1</sup>Hospital Universitari Arnau de Vilanova, IRB Lleida, Lleida, Spain. <sup>2</sup>Hospital Universitari Arnau de Vilanova. IRB Lleida, Intensive Care Medicine, Lleida, Spain. <sup>3</sup>Hospital del Mar, Intensive Care Medicine, Barcelona, Spain. <sup>4</sup>Hospital de Galdakao, Intensive Care Medicine, Galdakao, Spain. <sup>5</sup>Hospital Universitari Vall d'Hebron, Medicina Preventiva, Barcelona, Spain. <sup>6</sup>Hospital 12 de Octubre, Intensive Care Medicine, Valencia, Spain. <sup>7</sup>Hospital Universitario La Fe, Intensive Care Medicine, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Valencia, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>9</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>9</sup>Hospital de Cruces, Intensive Care Medicine, Valencia, Spain. <sup>8</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>9</sup>Hospital de Cruces, Intensive Care Medicine, Valencia, Spain. <sup>9</sup>Hospital de Cruces, Intensive Care Medicine, Spain. <sup>9</sup>Hospital Medicine, Spain. <sup>9</sup>Hospi

#### Published: 1 October 2015

#### References

- 1. [http://hws.vhebron.net/envin-helics/].
- Hospital in Europe Link for Infection Control through Surveillance (HELICS). Version 6.1. Sep. 2004. Surveillance of Nosocomial Infections in Intensive Care Units., En: http://www.ecdc.europa.eu/IPSE/protocols/ icu\_protocol.pdf.

#### doi:10.1186/2197-425X-3-S1-A82

**Cite this article as:** Nuvials *et al.*: Health-care associated infections. Patient characteristics and influence on the clinical outcome of patients admitted to icu. envin-helics registry data. *Intensive Care Medicine Experimental* 2015 **3**(Suppl 1):A82.

## Submit your manuscript to a SpringerOpen<sup>®</sup> journal and benefit from:

- Convenient online submission
- Rigorous peer review
- Immediate publication on acceptance
- Open access: articles freely available online
- High visibility within the field
- Retaining the copyright to your article

#### Submit your next manuscript at ► springeropen.com